

FIGHT CHOREOGRAPHY DIVISION

RULES & SCORING CRITERIA

Description: Pre-arranged Fight Choreography

Divisions: Note that since uniforms are not required, the divisions are designated by the total length of time training in the martial arts rather than by belt color.

- Youth - Age 17 & Below Beginner/Intermediate (Less than 2 years of total Martial Arts Training)
- Youth - Age 17 & Below Advanced (More than 2 years of total Martial Arts Training)
- Adult – Age 18 & Above Beginner/Intermediate (Less than 2 years of total Martial Arts Training)
- Adult - Age 18 & Above Advanced (More than 2 years of total Martial Arts Training)

Rules:

- Each competition performance may include up to five (5) participants. The choreography may be presented as either: Competitor vs. Two, Three or Four Opponents.
- Martial Arts uniforms are NOT required. Be creative!
- Music IS required but the performance does not need to be synchronized
- There is a Two (2) minute time limit from the time the first attack begins.
- Mats will be provided, and the performance must remain on the mats.
- No real weapons, or dangerous objects are allowed.
- The two highest scoring performances may be considered for appearing on the Night of Champions and the possibility of being included in the ESPN broadcast.

Scoring Criteria: Scoring will be based on:

- Technical Execution – Were the attacks credible and the defenses/counters well executed?
- Performance Value – Was the action dramatic and compelling?
- Difficulty - How challenging were the attacks and how sophisticated were the defenses/counters?
- Variety - How many different skills and/or methods were implemented and are the skills demonstrated drawn from different martial arts styles or systems?
- Continuity - Is the rhythm of the performance seamless and continuous or are there attackers “just waiting around for their turn”?